

# NUKTA E NAZAR

Vol. 10 - May 2019



Dowites78 Operation Theatre Complex, equipped with state-of-the-art facilities is catering underprivileged people of society. Around 14,000 surgeries performed every year Completely *Free of Cost* including General Surgery, ENT, Pediatric, Orthopedic, Maxillofacial and Plastic surgeries at OT Complex, Dr. Ruth K. M. Pfau Civil Hospital Karachi.





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# Notes by the Honorable Authorities



**Dr. S. M. Minhajuddin**  
President

It is my privilege to serve Dowites78 Operation Theatre Complex, Dr. Ruth K. M. Pfau Civil Hospital, Karachi. I am thankful to all my colleagues for trusting me with this responsibility.

Dowites78 Operation Theatre Complex, Dr. Ruth K. M. Pfau Civil Hospital, Karachi is serving poor and needy for over 12 years. We are committed to providing FREE OF COST quality surgical care to the destitute and underprivileged patients coming to Dr. Ruth K. M. Pfau Civil Hospital, Karachi.

We strive hard to provide the best environment for our patients and Doctors. The institution has state-of-the-art laboratories and operation theatres. Our mission is to develop and extend the Operation Theatre Complex by improving the existing facilities and by modernizing and upgrading the surgical methods and facilities in line with the international standards and designs for the general welfare of the public. We aim to strengthen the existing linkage with other public and private institutions in the health care sector to enhance and improve our quality and expertise.

DOTs seeks the benefaction and financial assistance and shall urge the community to come forward and donate to serve and contribute as much as possible.

I would like to thank all those who have stepped forward and contributed to DOTs over the years. We need you now more than ever and request you to be generous and remain committed to this institution.

I appeal and plea for this noble cause, to enable and facilitate us to renew and reaffirm our pledge to continue serving the nation with your help and cooperation. ■

I have felt great affection with this institution all my life. DOTs is Pakistan's flagship institution which is serving for poor and indigent people. Over the years many people have been saved from destitution at DOTs leading to my increased faith in the goodness of mankind. We are known for serving high quality for our service to the nation and for the continuous development, creativity, and innovation.

We hope the year 2019 to be a better year for DOTs that obviously in turn for the Pakistan people. Your contributions as Donations/Zakat in this humanitarian cause will have a great impact on the lives of many poor patients. In addition, We are set to launch Dowites78 Foot Care & Wound Clinic in the second quarter of this calendar year, completely *Free of Cost*.

Thank you for staying with us during the highs and lows of our crusade. We hope to see you with us as we continue on, in our mission towards a more egalitarian society where quality healthcare is not a privilege but a basic right.

Help us in keeping the hope of needy people alive.

May ALLAH bless you all. Ameen. ■



**Prof. Shafiq ur Rehman**  
General Secretary

# Editor's Note

*When it takes more than one story to tell a Story.*


They always say time changes things, but you actually have to change them yourself. What I learned in my life is that Failure is just an opportunity to begin again, but this time more intelligently. Our editorial team originally planned to publish Nukta-e-Nazar in February, to mark the beginning of the year but the two most powerful warriors; patience and time changed our mind for annual newsletter publication as a one-go story. After several sleepless nights, we finally acknowledged we had blown it.

We want Nukta-e-Nazar to be entertaining and informative, at times contrary, but above all useful. Inside you'll find a mixture of news, invigorating activities and regular fiscal achievements, compelling interviews by DOTs officials & Alumni and more. This edition shares the achievements and landmarks obtained by DOTs through a socio-medical lens.

With this issue, we would like to show you around what's encompassing the life and people associated with DOTs. We revive the basic concept of nukta or dot, without which none of the letters in the word make sense, conveyed the essence of what we are trying to do here at DOTs.

I hope you enjoy this issue and do let us know if there are any topics you'd like to see covered in the future.

  
Kainat Waseem  
Editor

 **We Want to Know** Take a moment to drop us a line and let us know how you feel about our design. Your feedback will be appreciated. You can reach us too at [info@dowites78otc.com](mailto:info@dowites78otc.com).

# NUKTA E NAZAR

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## Follow, Share & Support our cause



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### OUR MAIN MOTIVE

Our vision is to grant the wishes of people with life-threatening medical conditions to enrich the human experience with hope, strength, and joy.



**VISION**

### WHAT WE STRIVE FOR:

Our mission is to promote and extend the operation theatre complex by improving the existing facilities and by modernizing and upgrading the surgical methods and facilities in line with the international standards and designs for the general welfare of the public at large while also resuming the present facilities provided.



**MISSION**

### OUR COMMITMENT TO OUR PATIENTS AT NO COST TO THEM

Every year, more than 14,000 surgeries are performed at the Dowites78 Operation Theatre Complex at Dr. Ruth K. M. Pfau Civil Hospital Karachi, but our work has only just begun. We are striving hard to serve more for humanity and our nation. Keeping this in mind we have set our objectives:

- Collaboration
- Integrity
- Accountability
- Equality



**VALUES**





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Our program '*Nawa-e-Zindagi*'  
in collaboration with  
'*Edhi Foundation*'  
helps breathe life into patients even  
after the working hours to reduce  
the backlog and more number of  
patients to be served...

*Show your Care;  
Give a Share*



# Colocon'19

Event Organized by CDPWA

**C**oloctal Disease Patients Welfare Association (CDPWA) arranged a 4 day event from 16<sup>th</sup> to 19<sup>th</sup> January 2019, comprising of 2 days "Live surgical workshop on laparoscopic and robotic colorectal surgeries" with live demonstration by experts notably *Mr. Amjad Parvaiz Cheema* from UK and *Mr. Mehmet Ayhan Kuzu* from Turkey at Dowites78 OT Complex, Dr. Ruth K. M. Pfau Civil Hospital and a two days conference at Hotel PC at Karachi.

The event was attended by large number of people including senior surgical faculty. The conference was inaugurated by Chief Secretary Health, Sindh and the guest of honor was Prof. Adeb ul Hassan Rizvi; an iconic figure in the medical profession and noble society. Surgeries were performed by Prof. Kuzu and Prof. Cheema at State-of-the-Art Operation Theatre facilities of DOTs.

The purpose was to bring together the eminent international and national scholars and investigators from various fields of colorectal surgery which will provide excellent opportunity to share knowledge and experience for the advancement and improvement in healthcare facilities consistent with latest recommendations for the betterment of colorectal disease patients.

The conference part of Colocon'19 in Hotel PC was also a huge success where eminent speakers of the city in addition of foreign faculty talked about colorectal diseases in detail and the cutting edge technology of the subject.

Colocon is an annual academic and fund raising activity of "Surgical Unit 3" the colorectal ward of Dow Medical College and Civil Hospital Karachi under the leadership of Prof. Amjad Siraj Memon through an NGO named CDPWA. ■



Prof. Amjad Parvaiz Cheema



Prof. Amjad Siraj Memon



Prof. Mehmet Ayhan Kuzu



Team Colocon'19



# Infection Control Program

by Dowites78 OT Complex at Dr. Ruth K. M. Pfau Civil Hospital Karachi

**H**ealthcare-associated infection is the major cause of morbidity and mortality in hospitals. Infection control practices encompass many aspects with hand hygiene as the single most important step in the prevention of multiplication of infection in hospital settings. Dr. Ruth K. M. Pfau Civil Hospital Karachi has introduced a comprehensive infection control program to prevent patients and employees from Hospital Acquired Infections (HAI).

The workshop was held at the Dr. Ruth K. M. Pfau Civil Hospital Karachi's Dowites78 Operation Theatre Complex. Infectious Diseases and Waste Management Spokesperson of Dr. Ruth K. M. Pfau Civil Hospital Karachi, Dr. Gul Munir Vistro said that the Dr. Ruth K. M. Pfau Civil Hospital Karachi's administration had introduced a comprehensive mechanism to save visiting patients, outpatients, patient attendants, doctors, nurses, paramedical staff and other support staff from hospital acquired infections.

"An estimated 20 to 25 percent patients infected from health facilities during treatment every year in developing countries including Pakistan by not following Standard Operating Procedures (SOPs); however, the ratio of hospitals acquired infections is very low in European countries," he said.

He further said that vaccination of hospital employees against hepatitis B, provision of guidelines regarding standard practices of infection, promotion of research in infection control, occupational health and safety, public awareness, maintaining data of hospital acquired infections and infection control practices are not followed.

Keeping in view this situation, infection control program has been introduced at Dr. Ruth K. M. Pfau Civil Hospital Karachi to identify risk factors for infection, provide education about infection control to healthcare workers, decrease the burden of hospital acquired infections such as surgical site, ventilator acquired pneumonia, bloodstream infection, and urinary tract infection.

He said that the Dr. Ruth K. M. Pfau Civil Hospital Karachi administration had opened Infectious Diseases OPD for treatment of patients suffering from infectious diseases where Assistant Professor Azizullah Khan Dihloo had been posted as head of Infectious Diseases OPD. He claimed that billion of rupees could be saved annually in Pakistan by spending on preventive and promotion strategies like European countries.

Transmission of infection in healthcare facilities can be prevented through the application of standard and transmission based precautions such as; waste management, linen, and disposal of syringe needles and sterilization of instruments. The Dowites78 Operation Theatre Complex is following adequate procedures for the routine cleaning and care, disinfection of environmental surfaces and compliance of infection control procedures. ■



# Oral Cancer

A Burden on Health Care System

*“Oral Cancer is a serious and deadly disease. The general public needs to know about the existence of oral cancer and its early signs.”*



**C**ancer is defined “Most Dangerous” if untreated. It will eventually kill a person for sure, but many, if timely diagnosed, can be cured. It is becoming a serious health threat; especially in Asian countries including Pakistan. The rapidly growing disease has the greatest health burden & a leading cause of death.

There were over 3 million cancer cases registered in the year 2000 & 2 million people died due to cancer in Asian Pacific region. Forecasted statistics for the year 2020 says that there will be 7.1 million new cancer cases arises in the region (if existing prevention & management strategies remain unchanged).

Oral cancer (OC) is the most common cancer in Pakistan. Our doctors are dealing with multiple oral cancer cases on daily basis. Be it 42 years old Sarfaraz from Liaquatabad, 55 years old Bahadur from Jacobabad, 43 years old Abbas or 53 years old Sofia, all have one thing in common “Oral Cancer”. Mainly courtesy goes to “Gutka” or the stuff of similar kind. Most of the patients suffering from oral cancers are usually young.

All of them are in the most productive age group. their children and spouse are dependent on them, their parents

need them & they should have been contributing to the society. Instead they become a big liability for their loved ones. The whole domestic scenario changes when a person develops cancer. The sufferings not only confine to financial issues but there are huge psycho-social impacts as well. The volume of oral cancer patients is enormous at Dr. Ruth K. M. Pfau Civil Hospital Karachi, as the cancer patients are occupying 30% to 50% of beds in Department of ENT Head and Neck Surgery. They stay for much longer time in ward & consume extraordinary time during surgery which is really exhausting for doctors & OT staff. Still, despite of some tireless & valiant efforts from doctors to eradicate disease, the monstrous cancer does not go away or comes back after sometime, increasing the misery of patients.

Increasing number of new cancer cases is adding the burden on health care system. This tremendous burden is affecting the quality of already compromised health care facilities especially in Pakistan. Some common cancers like breast cancer, different blood cancers, some of GI cancers, etc. are caused by factors which are non-modifiable, while some of the common cancers such as Cancers of Oral Cavity, Bronchial cancers and Laryngeal cancers are caused by factors which are definitely modifiable.

Three major classes of factors influencing the incidence of cancer are:

- Hereditary: Cannot be modified
- Environmental: Potentially modifiable e.g. exposure to extensive sunlight & carcinogens exist as pollutants in air, water, food, soil, etc.
- Behavioral: Definitely modifiable e.g. tobacco & alcohol consumption, nutrition, obesity, some medical treatments like radiations etc. It is estimated that 75% - 80% of cancers are caused by environmental & behavioral factors combined.

Around 33% cancer cases are linked with Tobacco exposure. It is responsible for around 22% of cancer deaths. 1.7 million Deaths in 2008 were caused by tobacco. Head & Neck Cancers refer to a group of biologically similar cancers arising from mucosal lining of lip, oral cavity, nose, sinuses, nasopharynx, oropharynx or larynx. Around 90% of them are Squamous Cell Carcinoma. They have a high tendency to spread to neck nodes.

The most recent data from different centers of Pakistan reflect the trend of rapidly increasing number of Head and Neck Cancer. Unfortunately there are no comprehensive database / registries available especially for cancer in Pakistan. Therefore Our current knowledge is based on sporadically available institutional based data.

A cancer patient causes increased burden in many ways:

- Longer hospital stay / increased bed occupancy
- High cost of treatment
- Increased number of hours spend by doctors upon them
- Consuming resources in rehabilitation
- Compromised functional capabilities and productivity of patients
- Psycho-social disturbance

In Karachi 36% of males and 21% females chew pan or pan with tobacco whereas tobacco smoking is practiced by 36% males and 9% females. The incidence of preventable cancers can be markedly cut down by some simple measures and introducing strict laws against advertisement, sale and supply of causative agents. These measures should be implicated by the government & fully supported by effective media campaign. ■

Article Written by:

**Dr. Atif Hafeez Siddiqui**

Associate Professor

Department of ENT Head and Neck Surgery,

DOW Medical College &

Dr. Ruth K. M. Pfau Civil Hospital, Karachi.

## PREVENTION

Oral, Gastric, Prostate, Breast, and Colorectal cancers are the major types of cancer prevailing in Pakistan.

But we can limit the incidence of Oral Cancer by:



Limiting the usage of smoking or no smoking at all



Using more fruits and vegetables in your diet



Limiting or prohibiting the use of alcohol

Overall, 10.5 adults per 100,000 will develop Oral Cancer.

## STATISTICS

Approx. **18,9881** Oral Cancer cases were reported in **2018**



At least 95% of the oral cancer are of the squamous cell cancer type



Tongue is the most common site for oral cancer (lateral borders)



Oral cancer is 2<sup>nd</sup> leading cancer for deaths incidence in Pakistan

# First Int'l Esophagogastric Symposium

Held at Dowites78 OT Complex, Dr. Ruth K. M. Pfau Civil Hospital Karachi



Team Esophagogastric Symposium

The country's first esophagogastric symposium was organized by DUHS in collaboration with Dr. Ruth K. M. Pfau Civil Hospital Karachi. Vice chancellor of Dow University of Health Sciences Prof. Saeed Quraishy was the chief guest for the symposium and shared his experience on the country's first esophagogastric symposium regarding laparoscopic surgery with the participants. He addressed after achieving excellence in robotic and laparoscopic surgeries, "We have to look at the changing future scenario where technology was coming to help saving human lives".

He said that the Dr. Ruth K. M. Pfau Civil Hospital Karachi was the first hospital in public sector that offered the facility of robotic surgery for several years. He said, at present the DUHS was the largest and comprehensive health science system in Pakistan which had clinical care and research expertise for more than six decades.



In the five day symposium practical training was accorded at the Dowites78 OT Complex of the Dr. Ruth K. M. Pfau Civil Hospital Karachi while experts from across the country and abroad shared their experiences at the country's first esophagogastric symposium regarding robotic and laparoscopic surgery with the participants.

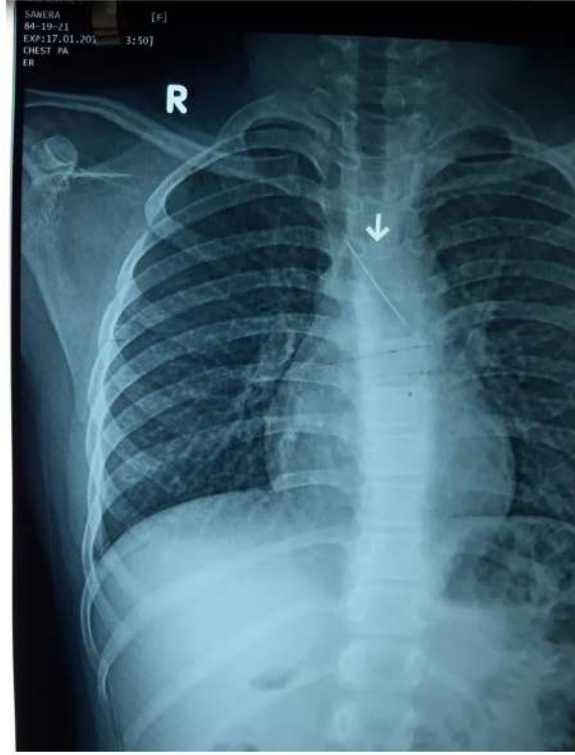
Prof. Muhammad Saeed Quraishy urged the participants on learning modern techniques from the experts of United Kingdom, United Arab Emirates and Singapore regarding Esophagogastric surgery.

Foreign experts, Dr. Yousuf Iftikhar, Dr. Amir Khan, Dr. Khurshid Akhtar, Dr. Asif Chaudhry, Dr. Javed Raza, and Dr. Asim Basheer shared their experiences about esophagogastric diseases and related treatment methods. Experts from Pakistan, Dr. Mumtaz Mehr, Dr. Inaam Pal, Brig. Bilal Umer, Dr. Wasey Jilani, Dr. Nadeem Khurshidi, Dr. Hasnain Zafar, Dr. Shahab Abid, Dr. Arsalan Ahmed and Dr. Amir Bilal were also there to share their experiences.

Chairperson of the symposium Dr. Sajida Quraishy said that in the first three days of the symposium learning sessions were held regarding robotic and laparoscopic surgery. During that period, several patients were operated free of cost at the Dowites78 OT Complex Dr. Ruth K. M. Pfau Civil Hospital Karachi.



Those procedures, she added, were observed by the participants while question answer sessions were also conducted. ■



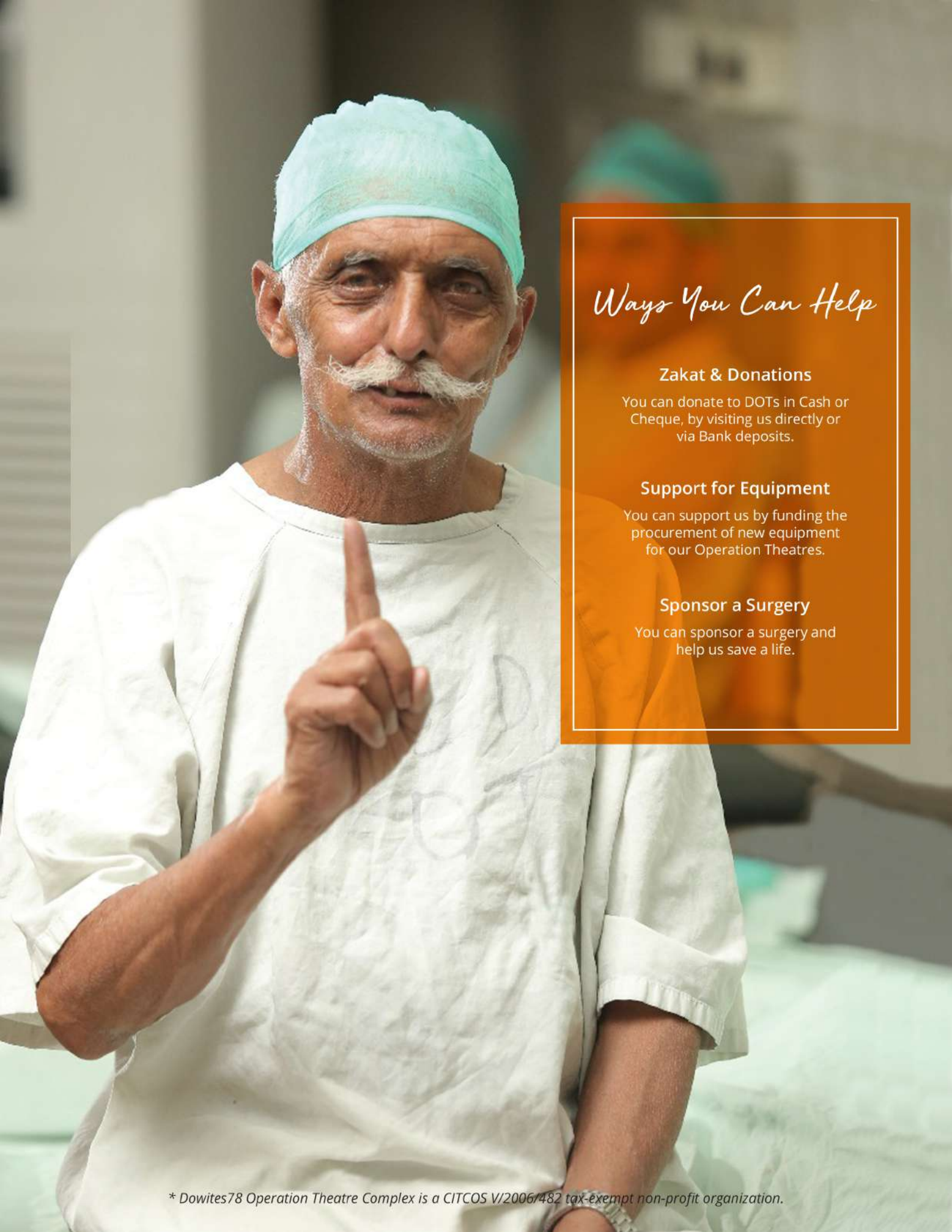
## Does Your Hijab Pin Choke You?

موجود تمام لوگوں کے دل بھی اس تھرتھرتی پن کے ساتھ اس وقت تک ناچتے رہتے ہیں جب تک یہ پن کامیابی سے نکل نہیں جاتی اور نکلنے پر جو خوشی اور اطمینان کی کیفیت ظاہر ہوتی ہے وہ ناقابل بیان ہے۔

اس نوعیت کے مریض محض اپنی غفلت سے اس طرح کی مشکل سے دوچار ہوتے ہیں۔ حجاب کی مقبولیت کے ساتھ ان میں لگائے جانے والی پنوں کی سانس کی نالی میں جانے کے واقعات میں بھی قابل ذکر اضافہ ہوا ہے۔ پن منہ میں رکھ کر باتیں کرنا یا ہنسا اسکی واحد وجہ ہے۔ ہمیں ہر اس بچی یا خاتون کو اس عمل سے بالضرور روکنا چاہئے اور اس غیر ضروری مشکل سے بچانا چاہئے۔

رات ایک بجے ایک گیارہ سالہ بچی سول اسپتال کی ایمرجنسی میں لائی جاتی ہے۔ بتایا گیا کہ اسکارف کی پن اس کی سانس کی نالی میں چلی گئی ہے۔ ایکس رے نے پن کی موجودگی کو ثابت کر دیا۔ ضروری لیباریٹری ٹیسٹس کے بعد صبح سویرے اس پن کو نکال کر بچی اور اس کے والدین کو اذیت سے نجات مل گئی۔

سول ہسپتال میں اس طرح کے مریض آئے دن لائے جاتے ہیں اور ان کو "برائکو اسکوپنی" کے پروسیجر کے ذریعے نکالا جاتا ہے۔ اس پروسیجر کو کرنے کے لیے نہ صرف سرجن بلکہ اینسٹیتھیسٹ کی بھی انتہائی مہارت درکار ہے۔ اس پروسیجر کے دوران دل کے قریب پہنچی ہوئی یہ پن ہر دھڑکن کے ساتھ تھرتھرتی نظر آتی ہے اور ساتھ آپریشن تھیٹر میں



## *Ways You Can Help*

### **Zakat & Donations**

You can donate to DOTs in Cash or Cheque, by visiting us directly or via Bank deposits.

### **Support for Equipment**

You can support us by funding the procurement of new equipment for our Operation Theatres.

### **Sponsor a Surgery**

You can sponsor a surgery and help us save a life.



# For Zakat & Donations

## Donations

 United Bank Ltd.

Account Title	: Dowites78 Operation Theatre Welfare Society
Account Number	: 0401 - 010 - 2282 - 6
Branch	: UBL, Baba e Urdu Road, Karachi.
IBAN	: PK37UNIL0112040101022826
Swift Code	: UNILPKKA



Dubai Islamic Bank Ltd.

Account Title	: Dowites78 Operation Theatre Welfare Society
Account Number	: 107 - 0288952001
Branch	: Dubai Islamic Bank, Eidgah Karachi.
IBAN	: PK82DUIB0000000288952001
Swift Code	: DUIBPKKA

## Zakat

 United Bank Ltd.

Account Title	: Dowites78 Operation Theatre Complex
Account Number	: 0401 - 010 - 2120 - 3
Branch	: UBL, Baba e Urdu Road, Karachi.
IBAN	: PK37UNIL0112040101021203
Swift Code	: UNILPKKA



Meezan Bank Ltd.

Account Title	: Dowites78 Operation Theatre Welfare Society
Account Number	: 0164 - 010 - 1918945
Branch	: Meezan Bank Ltd, Pakistan Chowk, Karachi.
IBAN	: PK79MEZN0001640101918945
Swift Code	: MEZNPKKAK01

## Donation Collection from Your Doorstep



For cash, medicinal or equipment donations from your doorstep, please contact our Marketing department.



## Walk-in Donations

For walk in donations, you can visit us at the Dowites78 Operation Theatre Complex, Dr. Ruth K. M. Pfau Civil Hospital, Baba - e - Urdu Road, Karachi.

# A little help can go a long way

### Sponsor a Surgery

Minor	Medium	Major	Extra Major
Rs. 10,000	Rs. 20,000	Rs. 30,000	Rs. 55,000



## Dowites78 Foot Care & Wound Clinic

Hard Work Rewarded



***“We would like to thank Class of 1991 DOW Graduates, Coalesce Design Studio, and Poor Patients Aid Society (PPAS) for their generous support in building State-of-the-art, Free of cost Dowites78 Foot Care and Wound Clinic.”***

**T**he Dowites78 Operation Theatre Welfare Society is set to launch another *Free of Cost* centre just in front of the Dowites78 OT Complex, Dr. Ruth K. M. Pfau Civil Hospital Karachi. By the grace of Almighty Allah and keen support of *Class of 1991 DOW Graduates, Coalesce Design Studio and Poor Patients Aid Society*; we are expected to inaugurate our *Dowites78 Foot Care and Wound Clinic* in the second quarter of this calendar year.

We are aiming to use the latest technology in order to perform a comprehensive neurologic, vascular and orthopedic problems caused by diabetes. The Centre will be equipped with up-to-date modern machines & software and this will make this clinic one of a kind in Pakistan. The clinic will be best suited for patients who have:

- Non-healing Wounds
- Uncontrolled glucose
- Vascular disease

This ultra-modern clinic facilitates patients with Circulation reconstruction, Diabetic foot screening, Diabetic counseling and glucose management, Wound healing using regenerative biologics, and some additional diagnostic tests to better understand the patient's condition. We will take ownership of patients that no one is willing to look after as this has always been our mission.

Furthermore, this upcoming success would be an addition to the landmarks of Dr. Ruth K. M. Pfau Civil Hospital Karachi as well. Dowites78 OT Complex is proudly taking the ownership of this one-of-a-kind Foot Care and Wound Clinic and request the support of all philanthropists and the general public to participate in this virtue. ■



# A Day with Our Director Marketing

## From Struggle to Success!

*In this rather materialistic and self-absorbed world that we live in, few people possess benevolence and even fewer devote lives to charity and welfare of the deprived people. Of them who do, several go on the Dowites78 OT complex, Dr Ruth K. M. Pfau Civil Hospital, Karachi. The eminence of DOTs is imperative to the proper healthcare of the underprivileged people in Pakistan. Director DOTs, Dr. Bilal Ahmed is in distinctive conversation with us to share his live experiences being a part of this state-of-the-art Operation Theatre Complex.*

### **Q: WHAT MAKES DOWITES78 OT COMPLEX DIFFERENT FROM OTHER OPERATION THEATRES IN CIVIL AND OTHER HOSPITALS?**

**Dr. Bilal:** An operation theatre complex is the "heart" of any major surgical hospital. Dowites78 OT Complex is a state-of-the-art, integrated and modern operation theatre complex for elective surgeries at the Dr. Ruth K. M. Pfau Civil Hospital Karachi.

We have 14 operation theatres fully equipped with requisite modern equipments including OR-1 designated for Robotic surgeries, which is the only one in Pakistan. Our Gastrointestinal Centre, owned by DOTs, is fully functional Endoscopy Suite where ERCP, upper and lower endoscopies, sigmoidoscopy and colonoscopies are performed on a regular basis completely *Free of cost*.

### **Q: WHAT CHALLENGES DID YOU FACE SINCE THE DAY DOTs CAME INTO EXISTENCE?**

**Dr. Bilal:** I believe that without careful management and distribution, there's a good chance that every organization will face difficulties. It was a challenge in initial years to run DOTs because we were running out of funds rapidly. This was the time when we realized that there was a dire need to develop a sustained and secured system for continued supply of funds. Hence, external organizations, philanthropists stepped in to take their social responsibility and undermine recovery in multiple ways. Here I must mention support of Edhi Foundation, without which it could not be possible for me to make this complex functioning smoothly.

### **Q: HOW DOTs RESOURCES ARE HELPFUL TO THE SURROUNDING COMMUNITY?**

**Dr. Bilal:** We are living in a country where most of the people can't afford expensive surgeries and recovery procedure after surgeries. We make sure at DOTs to provide quality healthcare measures for all. Our up-to-date equipments, professional experts and modern technology is a perfect blend to create feasible environment for everyone in need. As we are running a public-private partnered set up at OT Complex, our main objective is to play a significant role in surrounding needy community. Being served in healthcare industry, it is rewarding to be able to contribute to society, to give healthy life for *FREE* – to serve and uplift the community and to invest in their better future life.



**Q: WHAT SIGNIFICANT CHANGES DO YOU FORESEE IN THE NEAR FUTURE?**

**Dr. Bilal:** We, at DOTs, are set to launch our new project of DOTs, Dowites78 Foot Care and Wound Clinic for diabetic patients in the second quarter of this calendar year. The Clinic will provide consultation, investigation, ultramodern treatment & rehabilitation services under one roof completely *Free of Cost*. I am hoping this will bring in as a fruitful addition to this *Kar-e-Khair* for our needy community. The Clinic will be relying on long term and reliable partnerships, grants and funding from zakat and donation avenues for its running. Regular and unwavering support especially through monthly collaborations will help us run the clinic as Diabetology & Podiatry are expensive specialization in Pakistan. For this purpose a pledge form is attached in this volume, I request you all to fill the pledge form and contribute your part for this noble cause. This initiative will hopefully bring a positive change in the environment.

**Q: WOULD YOU LIKE TO ADDRESS PEOPLE WHO DONATE FOR THIS NOBLE CAUSE AND ARE STILL WITH YOU?**

**Dr. Bilal:** This milestone could not have been achieved without the contribution of our donors who helped pave the way for this greater good and it gives us immense pleasure to acknowledge you as being one of them.

As much as I appreciate all those who have stepped forward and pledged with DOTs over the years, our work has just begun. We need you now more than ever before and request you to be generous in your love and commitment to the people of this nation. Every little bit counts in instilling hope in those who are teetering between life and death.

I am extremely grateful for the unflagging support to this cause and hope that you will continue to play an active role in the functioning of the Dowites78 OT Complex through generous patronage.

Insha'Allah, 2019 will prove to be an even bigger year for DOTs as we expand our mission into previously uncharted territory through the establishment of the Dowites78 Foot Care & Wound Clinic.

**Q: IT IS EVIDENT THAT YOU HAVE EXPERIENCED A SUCCESSFUL AND TREMENDOUS GROWTH SINCE THE INCEPTION OF DOTs. WHAT IS THE KEY INGREDIENT THAT LED TO THIS?**

**Dr. Bilal:** The only ingredient is dedication; dedication and hard work of our people. We all work here for a common objective; to serve indigent and needy people, to see them in best of health. We are serving for a good deed and this obscure is leading us to success. ■

*Interviewed by:*  
Kainat Waseem



## Corporate Donors

- Infaq Foundation
- Pakistan State Oil
- Edhi Foundation
- PARCO
- Sui Southern gas company
- Times Press (Pvt.) Limited
- Habib Oil Mills
- Hamdard Foundation Pakistan
- Shahi Deluxe
- Popular Marble Industries
- Alkaram
- Razaque Steels (Pvt.) Limited

## Individual Donors

- Mr. Rafiq Rangoonwala
- Mr. Muhammad Yousuf
- Engr. Iqrar-ul-Haq
- Mr. Cyrus R. Cowasjee
- Mr. Khalid Butt
- DOW Alumni 1991
- Danish Khan
- Syed Salman Rashid
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- Madni Gul Muhammad
- Rashid Ahmed Siddiqui



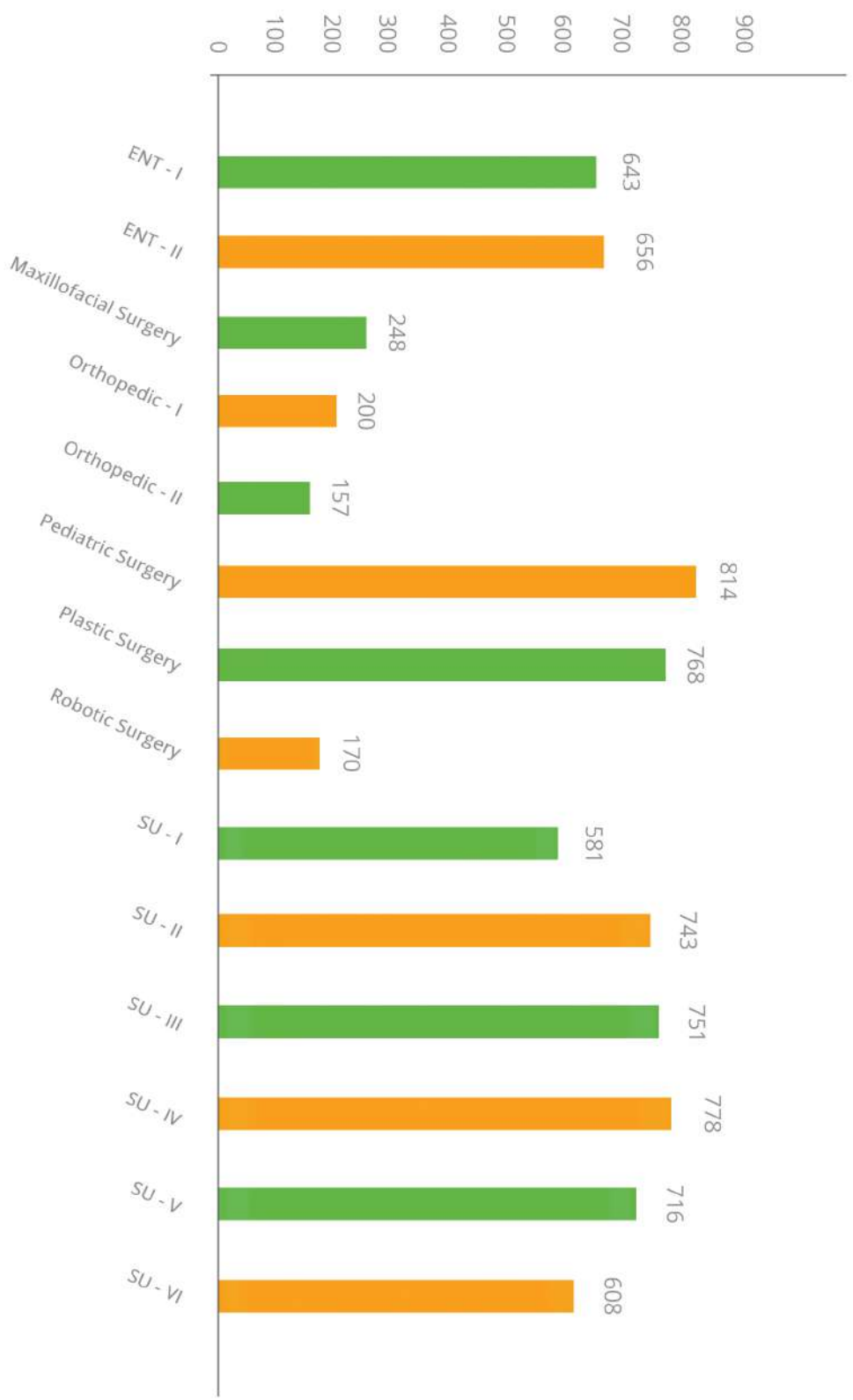
## In Collaboration With



DOW Alumni  
**1991**

# SURGICAL STATISTICS

## FOR THE YEAR 2018





No act of kindness,  
no matter how small it is,  
is ever wasted.

*Bring a life back to power*

♥ [Donate](#)

## Donation Appeal: Dowites78 Operation Theatre Welfare Society

Become a DOTS member Today! You can make a difference by giving your Zakat/Donations to serve for a good deed. Your cooperation will contribute greatly for this noble cause.





## Dowites78 Operation Theatre Welfare Society

Help us to help those  
who can't afford it

### I PLEDGE TO SUPPORT

Date:

PKR \_\_\_\_\_ to the Dowites78 Operation Theatre Welfare Society.

#### TERM

- Monthly  Alternate Month  Quarterly  Bi-annually  Annually

#### TYPE

- Donation  Zakat  Sadqa  Fidyah

#### MODE OF PAYMENT

- Cash  Cheque / Pay Order  Other

#### VIA

- Direct Deposit  Mail/Courier  In person  Collection from my doorstep  Online Transfer

Donor name(s) \_\_\_\_\_

Email Address \_\_\_\_\_ Contact number(s) \_\_\_\_\_

Address \_\_\_\_\_

Your information will be kept confidential.

\*Return this part of the Newsletter to the Dowites78 Operation Theatre Complex.

\_\_\_\_\_  
Donor's Signature

## Dowites78 Operation Theatre Welfare Society

Help us to help those  
who can't afford it



تاریخ:

میں عہد کرتا/کرتی ہوں

روپے ڈاؤن 78 آپریشن تھیٹر ویلفیئر سوسائٹی کو دینے کے لیے۔

مدت معینہ

ماہانہ  متبادل ماہانہ  سہ ماہی  ششماہی  سالانہ

قسم

عطیہ  زکوٰۃ  صدقہ  فدیہ

طریقہ

نقد رقم  چیک / پے آرڈر  دیگر

بذریعہ

براہ راست جمع  میل/کورئیر  بذات خود  میری دہلیز سے جمع  آن لائن ٹرانسفر

ڈونر کا نام \_\_\_\_\_

ای میل \_\_\_\_\_

گھر کا پتہ \_\_\_\_\_

رابطہ نمبر (ز) \_\_\_\_\_

آپ کی معلومات کو پوشیدہ رکھا جائے گا۔  
"نیوز لیٹر کے اس حصے کو واپس ڈاؤن 78 آپریشن تھیٹر ویلفیئر سوسائٹی ارسال کر دیں۔"

ڈونر کے دستخط \_\_\_\_\_

# A little help can go a long way

## Sponsor a Surgery

Minor	Medium	Major	Extra Major
Rs. 10,000	Rs. 20,000	Rs. 30,000	Rs. 55,000

### ✓ ZAKAT & DONATIONS

You can donate to DOTs in Cash by visiting us directly or via Bank deposits.  
\* Bank details mentioned below.

#### DONATION

**Account No. :** 0401 - 010 - 2282 - 6  
**Account Title:** Dowites78 Operation Theatre Welfare Society  
**Bank Name:** United Bank Ltd (All Branches)  
**Branch:** UBL, Baba e Urdu Road, Karachi  
**IBAN:** PK37UNIL0112040101022826  
**Swift Code:** UNILPKKA

#### ZAKAT

**Account No. :** 0401 - 010 - 2120 - 3  
**Account title:** Dowites78 Operation Theatre Complex  
**Bank Name:** United Bank Ltd (All Branches)  
**Branch:** UBL, Baba e Urdu Road, Karachi  
**IBAN:** PK37UNIL0112040101021203  
**Swift Code:** UNILPKKA

### ✓ SUPPORT FOR EQUIPMENT

You can support us by funding the procurement of new equipment for our OTs.

#### DONATION

**Account No. :** 107 - 0288952001  
**Account Title:** Dowites78 Operation Theatre Welfare Society  
**Bank Name:** Dubai Islamic Bank (All Branches)  
**Branch:** Dubai Islamic Bank, Eidgah Karachi  
**IBAN:** PK82DUIB0000000288952001  
**Swift Code:** DUIBPKKA

#### ZAKAT

**Account No. :** 0164 - 010 - 1918945  
**Account Title:** Dowites78 Operation Theatre Welfare Society  
**Bank Name:** Meezan Bank Ltd (All Branches)  
**Branch:** Meezan Bank, Pakistan Chowk, Karachi  
**IBAN:** PK79MEZN0001640101918945  
**Swift Code:** MEZNPKKAK01

### ✓ SPONSOR A SURGERY

You can sponsor a free surgery.

#### DONATION COLLECTION FROM YOUR DOORSTEP

For cash, medicinal or equipment donations from your doorstep, please contact our Marketing Department.  
\* Contact details mentioned below.


#### WALK IN DONATIONS

For walk in donations, you can visit us at the Dowites78 Operation Theatre Complex, Dr. Ruth K. M. Pfau Civil Hospital, Baba - e - Urdu Road, Karachi.

 021-99216114-15, 32715506

 info@dowites78otc.com

 www.dowites78otc.com

 0342-2750126

\* All donations are tax exempt: CITCOS V/2006/482.

# A little help can go a long way

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**Bank Name:** United Bank Ltd (All Branches)  
**Branch:** UBL, Baba e Urdu Road, Karachi  
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**Swift Code:** UNILPKKA

#### ZAKAT

**Account No. :** 0401 - 010 - 2120 - 3  
**Account title:** Dowites78 Operation Theatre Complex  
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**Branch:** UBL, Baba e Urdu Road, Karachi  
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You can support us by funding the procurement of new equipment for our OTs.

#### DONATION

**Account No. :** 107 - 0288952001  
**Account Title:** Dowites78 Operation Theatre Welfare Society  
**Bank Name:** Dubai Islamic Bank (All Branches)  
**Branch:** Dubai Islamic Bank, Eidgah Karachi  
**IBAN:** PK82DUIB0000000288952001  
**Swift Code:** DUIBPKKA

#### ZAKAT

**Account No. :** 0164 - 010 - 1918945  
**Account Title:** Dowites78 Operation Theatre Welfare Society  
**Bank Name:** Meezan Bank Ltd (All Branches)  
**Branch:** Meezan Bank, Pakistan Chowk, Karachi  
**IBAN:** PK79MEZN0001640101918945  
**Swift Code:** MEZNPKKAK01

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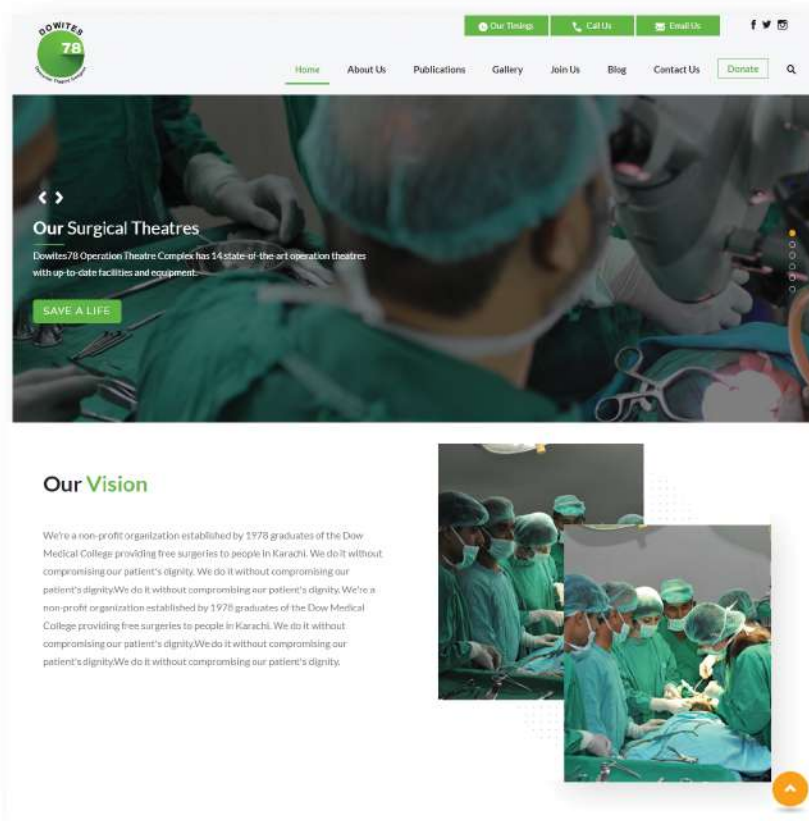


# #WebsiteLaunch

We have revamped our website.  
You can visit our new website at

[www.dowites78otc.com](http://www.dowites78otc.com)

CHECK IT NOW!



Follow, Share and Subscribe to join our Cause



# Financial Audit Report

2017 - 18

**HYDER & COMPANY**  
Chartered Accountants

SA-21, 1st Floor, Shahnaz Arcade,  
Shaheed-e-Millat Road, Karachi.  
Tel: 34922107, Fax: 34943056  
Email: hyder\_co@hotmail.com

Office: SF-10 & 11, 4th Floor, Shahnaz Arcade,  
Shaheed-e-Millat Road, Karachi.

Tel: 34933417, 34141114, 34854018  
Fax: 34140809  
Email: mail@hyderandco.com  
Web: www.hyderandco.com

## DOWITES78 OPERATION THEATRE WELFARE SOCIETY BALANCE SHEET AS AT JUNE 30, 2018

EQUITY AND LIABILITIES	NOTE	2018 Rupees	2017 Rupees
<b>General fund</b> Surplus brought from receipt and expenditure		113,980,394	121,308,048
<b>Current liabilities</b> Accrued & Other Liabilities Trade & Other Payables		1,136,433 1,664,295	5,486,974
<b>TOTAL FUNDS &amp; LIABILITIES</b>		<b>116,781,122</b>	<b>126,795,022</b>
<b>ASSETS</b>			
<b>Non-current assets</b> Property, plant and equipment	3	93,506,419	98,763,741
<b>Current assets</b> Advance Deposit & Other Receivables Staff Loan Cash and bank balances		- - 23,274,703	5,000 17,500 28,008,781
	4	23,274,703	28,008,781
		23,274,703	28,031,281
		116,781,122	126,795,022

## DOWITES78 OPERATION THEATRE WELFARE SOCIETY INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED JUNE 30, 2018

	NOTE	2018 Rupees	2017 Rupees
Donation, Zakat & General Fund		35,259,079	62,515,633
Less: Expenditures	5	42,586,733	39,260,956
Net Surplus / Deficit for the Year		(7,327,654)	23,254,677
Surplus Brought Forward		121,308,048	98,053,371
Surplus transferred to Balance Sheet		113,980,394	121,308,048

# Financial Audit Report

2017 - 18

3 PROPERTY, PLANT & EQUIPMENT (IN RUPEES)						
Particulars	WDV as at 01/07/17	Addition/ (Deletion)	Total Value as at 30/06/18	Depreciation charged for the year	WDV as at 30/06/18	Rates
Anesthesia machine	1,806,661		1,806,661	270,999	1,535,662	15%
Autoclave equipment	722,286		722,286	108,343	613,943	15%
General Medical equipment	768,260		768,260	115,239	653,021	15%
OT Equipment	28,744,727	5,031,050	33,775,777	5,066,367	28,709,410	15%
OT Light	1,051,067		1,051,067	157,660	893,407	15%
OT Table	922,125		922,125	138,319	783,806	15%
Standard Operation Table	49,219		49,219	7,383	41,836	15%
Building	49,860,523		49,860,523	2,493,026	47,367,497	5%
AC Split unit	4,181,085	287,002	4,468,087	670,213	3,797,874	15%
CCTV Camera	742,608		742,608	111,391	631,217	15%
Computer and Software	133,081		133,081	39,924	93,157	30%
Elevators	1,812,583		1,812,583	271,887	1,540,696	15%
Fridge & Dispenser	13,466		13,466	2,020	11,446	15%
Furniture & Fixture	410,488	43,600	454,088	68,113	385,975	15%
Gas Pipeline Installation	747,315		747,315	112,097	635,218	15%
Motor & pumps	10,563		10,563	1,584	8,979	15%
OT S.S Furniture OT Table	883,578		883,578	132,537	751,041	15%
Office Equipment	239,517		239,517	35,928	203,589	15%
Pabx System	32,632	39,700	72,332	10,850	61,482	15%
Electrical Installation	803,088		803,088	120,463	682,625	15%
Sinages & Engraving	55,533		55,533	8,330	47,203	15%
Generator	1,025,245		1,025,245	153,787	871,458	15%
OT Table	63,984		63,984	9,598	54,386	15%
Medical Equipment	3,684,107		3,684,107	552,616	3,131,491	15%
<b>Total - 2018</b>	<b>98,763,741</b>	<b>5,401,352</b>	<b>104,165,093</b>	<b>10,658,674</b>	<b>93,506,419</b>	
<b>Total - 2017</b>	<b>81,484,376</b>	<b>28,567,132</b>	<b>110,051,508</b>	<b>11,287,766</b>	<b>98,763,741</b>	

# Financial Audit Report

2017 - 18

4	CASH AND BANK BALANCE	2018 Rupees	2017 Rupees
	Cash in hand	149	3,321
	With Bank	23,274,554	28,005,460
		23,274,703	28,008,781
5	EXPENDITURES		
	A/C repair and maintenance	699,030	529,528
	Advertisement	478,753	47,255
	Audit Fee	26,500	27,000
	Bank Charges	104,897	78,742
	Conveyance and Transportation	31,137	26,852
	Internet Expense	64,862	56,227
	Legal and Professional	3,000	-
	Medical Supplies and Repairs	6,500,067	5,072,238
	Office Maintenance	370,405	255,396
	Postage	9,061	95,160
	Printing, Stationary & Computer Supplies	551,509	404,451
	Repair & Maintenance	611,326	1,013,695
	Salary Wages & Other Benefits	20,222,649	18,358,327
	Security Services	404,497	350,900
	Electrical Maintenance	280,265	305,230
	Gas Filling	154,500	198,200
	General expense	85,367	14,740
	OT Linen/Dress Consumed	361,325	358,450
	Service Contract	953,029	760,000
	Telephone expense	15,880	20,799
	Depreciation	10,658,674	11,287,766
		42,586,733	39,260,956

# Financial Audit Report

2017 - 18

## 6 CASH AND BANK BALANCES

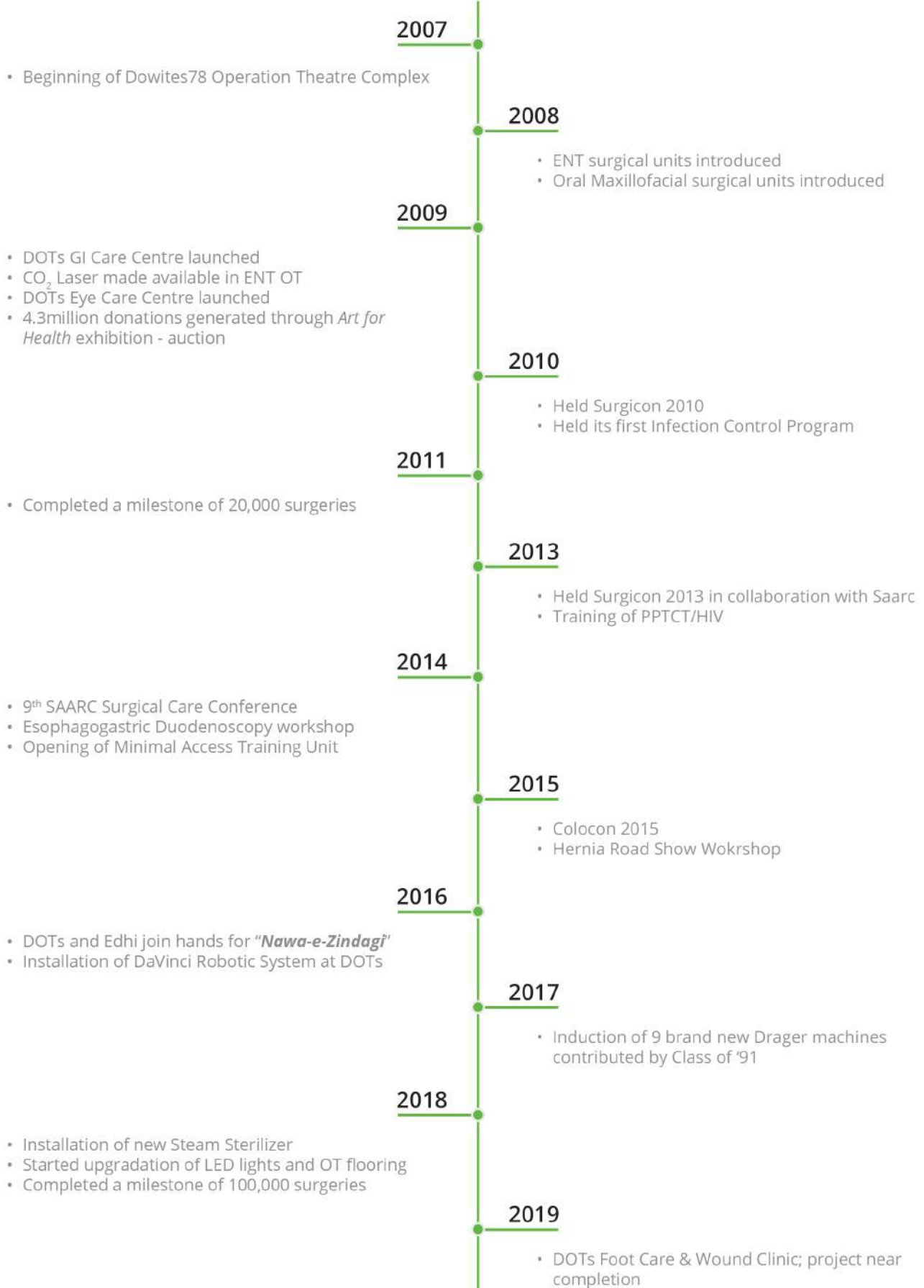
- Figures have been rounded off to nearest rupee.

- Figures have been re-arranged for purpose of comparison wherever necessary.



DaVinci Robotic Theatre, Dowites78 Operation Theatre Complex  
Photo Courtesy: Asim J. Photography

# DOTs Timeline



# Life at OT

Our State-of-the-Art Infrastructure

CSSD Department



Edhi Wing



DaVinci Robotic Theatre



Patients' Waiting Area  
Outside GI care



Dowites78 Operation Theatre Complex  
Dr. Ruth K. M. Pfau Civil Hospital,  
Baba-e-Urdu Road, Saddar, Karachi.

t: 021 - 99216114, 99216115, 32715506  
e: info@dowites78otc.com

[www.dowites78otc.com](http://www.dowites78otc.com)

Follow, Share and Contribute to our Cause:

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